

Our commitment to you.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering



Autumn/ Winter 2021

At: **Warmingham Primary**

November 2021

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2022

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2022

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	





Autumn/ Winter Menu 2021

Week 1

Week 2

MONDAY

Organic Beef Meatballs in a Tomato Sauce with Pasta

Vegan Burger in a Bun (v)

Fresh Fruit Platter or Organic Yogurt

TUESDAY

Homemade Cheese & Tomato Pizza (v)

Jacket Potato with a Choice of Filling/s (v)

Fresh Fruit Platter or Fruity Flapjack

WEDNESDAY

Roast Chicken, Roast Potatoes, Stuffing, Vegetables & Gravy

Veggie Lasagne with Garlic Bread (v)

Fresh Fruit Platter or Cookie Selection

THURSDAY

Homemade Cottage Pie

Cheesy Pasta (v)

Fresh Fruit Platter or Dorset Apple Cake

FRIDAY

Coconut Chicken with Rice & Cous Cous

Fish/ Salmon Fish Fingers with Chips

Fresh Fruit Platter or Chocolate Oatie Biscuit or Yogurt

MONDAY

Ratatouille Ravioli (v)

Cheese, Potato & Onion Pie with Beans

Fresh Fruit Platter or Organic Yogurt

TUESDAY

Southern Style Chicken Chunks

Quorn Korma with Rice & Cous Cous (v)

Fresh Fruit Platter or Fruit Crumble & Custard

WEDNESDAY

Butchers Pork Sausage Toad in the Hole

Pasta Italianne (v)

Fresh Fruit Platter or Chocolate Surprise Brownie

THURSDAY

Spanish Chicken in a Tomato Sauce with Savoury Rice

Cheese Toastie with Homemade Soup (v)

Fresh Fruit Platter or Fruit Sponge & Custard

FRIDAY

Battered Fish Fillet with Chips

Beef or Vegetarian Spaghetti Bolognese with Garlic Bread

Organic Yogurt or Ginger Biscuit with Fruit Chunk

