

# Church Window

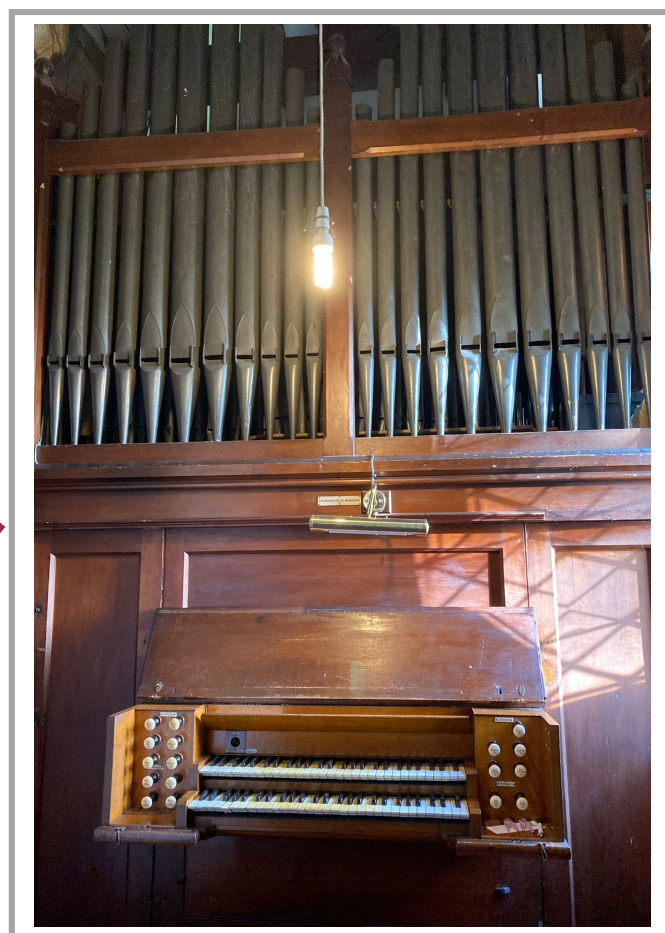
The magazine for the parishes of

## St Peter's

Leighton-cum-Minshull Vernon



&



## St Leonard's

Warmingham

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.

*Romans 15:13*

**February 2023**

## Church Contacts

Enquiries about baptisms, weddings and funerals please contact Rev Paul North:

Tel: 01270 522213 Email: revpaulnorth@outlook.com



Vicarage address:

The Vicarage, Middlewich Road, Minshull Vernon, Crewe, CW1 4RD

### St Leonard's

#### Churchwardens:

Janet Furber Tel: 01270 526393 Email: lesjan@talktalk.net

Mike Sant Tel: 01270 762819 Email: mikesant@talktalk.net

Website: <http://www.warminghamchurch.weebly.com>

Facebook: <https://www.facebook.com/StLeonardschurchwarmingham/>

Items for the magazine relating to Warmingham & District can be sent to [georginaayilara@gmail.com](mailto:georginaayilara@gmail.com)

### St Peter's

#### Churchwardens:

Patrick Smith Tel: 01270 255705 Email: patrickmartinsmith27@gmail.com

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Website: <http://www.stpeters-leighton.org.uk>

Facebook: <https://www.facebook.com/stpeterslcmv>



### Parish Safeguarding Officer: Vacancies

**St Leonard's and St Peter's are looking for a Parish Safeguarding Officer.** The Parish Safeguarding Officer is the key link between the diocese and the parish/s, concerning safeguarding matters.

It is a positive leadership role supporting and providing direction to the parish in good safeguarding practice.

They will have an overview of all church activities involving children, young people and vulnerable adults and will seek to ensure the implementation of safeguarding policy and practice.

The role can be taken by one person, or the role shared.

Training and ongoing support is provided by the diocese.

If you would like more information or discuss the role please speak to Rev Paul North.

Life is so busy, so full of everything. We are in February already which means we are approaching a key time in the Christian calendar, namely Lent. Lent is a period of forty days (not including Sundays) running up to Easter and is very much a time of preparation.



You might already be thinking about what you want to give up for Lent. It is of course important for us to note that giving something up for Lent is not about self-congratulation but rather to create time and space to think about God. Lent can be used as a time of focus.

There is a growing trend towards fasting from social media during Lent. This creates time for people to spend in prayer and Bible study. Some of course still fast from chocolate or cakes as an act of self-sacrifice.

The Church of England has provided excellent resources to help focus prayer and study. These are available in booklet and online format with a daily post. This year's theme is Dust and Glory looking at how we can live well with the mess of everyday life.

<https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-resources-lent-2023>

Tear fund, in their words provide 'Bite-sized daily reflections, prayers and poems sent to your inbox each morning to help you draw nearer to God in the run up to Easter.'

<https://www.tearfund.org/forms/lent-email-sign-up-form>

The Bible Society are focussing on 'some of the big preoccupations and concerns of our times' and will be exploring how Jesus Christ brings hope.

<https://www.biblesociety.org.uk/resources/the-lent-encounter-sign-up/>

And there are many others too. That is probably because it is not easy to create time to think about faith and what matters in life. Lent, however, gives us a good platform from which to do this. Perhaps in the busyness you might create the space to stop and reflect.

As the psalmist said, "*Be still and know that I am God*" Psalm 46:10

As we enter Lent, as we think about the sacrifice of Jesus, spending time in prayer and reflection might help us to prepare for Easter. It might also help us to handle our busy lives better too.

## Changes to the Magazine

The Church Window magazine is a very helpful publication that will be undergoing some changes from May 2023. In order to be more environmentally friendly by using less paper and ink, and to be more efficient, saving many hours of work, it has been decided that the Church Window magazine will move to being an online only publication. You can rest assured that the magazine will still be there, but it will be accessed via the websites of the churches in a PDF format. Many churches around the country have already made such a move and have found that it saves tremendous amounts of time and money and still communicates all that is needed. This is in addition to the environmental benefits. Many people access all their news and keep up to date via online sources already and this will be second nature to them.

Should you still wish to receive a printed copy of the magazine because you are unable to access the online facility, please be in touch with one of your churchwardens before Easter (9th April 2023). We will produce a limited run to make sure that no one misses out.

## From our December Registers



### Baptisms

*We welcome you into the Lord's family*

St Leonard's



### Weddings

*Bless these thy servants*



### Funerals

*May they rest in peace and rise in glory*

St Peter's

7th Vera Brierley

## **Forthcoming Events at St Leonard's**

### **Ash Wednesday Joint Service**

**Wednesday 22nd February** at St Peter's, Minshull Vernon at 7pm

### **Pancake Morning**

**Saturday 25th February** in Warmingham Village Hall 10am–12noon



You are invited to come along to a  
**Pancake and Social Morning**  
**Saturday 25th February**  
10am–12noon  
At Warmingham Village Hall  
Adults £3 Children £1.50  
Includes pancake, tea / coffee / soft drink  
Raffle, book stall, children's activities

### **St Leonard's Home Group**

The next meeting is on **Monday 27th February** at 2pm at the home of Frances Noden.

Contact Helan on 01606 841711 for further details.

### **Duck Drive**

**Friday 3rd March** in Warmingham Village Hall  
7.15pm for 7.30pm start

### **PCC Safeguarding Training**

**Wednesday 8th March** at St Peter's Community Hall, 7pm to 9pm

# The Great Warmingham Family



**Friday 3rd March**

Warmingham Village Hall  
7.15pm for 7.30pm start

We are holding a family Duck Drive in the Village Hall on the evening of Friday 3rd March at 7.15pm for a 7.30pm start. There will be prizes for the winners and losers and there will be snacks and drinks to buy during the evening. There will be a raffle (kindly donated by Edf Energy) to raise monies for the Wakes Queen 2023 and retinue dresses etc. All family groups and all ages welcome. Please come along and join in the fabulous family fun.

Pay on the door - Adults £2 / Children £1.

## **Wakes Queen and Attendants**

**Please see Application Form at back of this magazine  
or on Warmingham Church website/facebook.**

<http://www.warminghamchurch.weebly.com>

<https://www.facebook.com/StLeonardschurchwarmingham/>

**The results** for Rose Queen, Attendant, Rose Bud, Crown Bearer and Bell Ringer will be announced at the Family Duck Drive on 3rd March.

## **Warmingham Wakes 2023**

**Date: Saturday 13th May**

(a later date than usual due to Coronation date)

Place: Warmingham Church Field

Time: from 1.30pm

Duck Race at 4pm

Please contact the Churchwardens for further information



## **Treasurer at St Leonard's Church, Warmingham**

Our current Treasurer at St Leonard's Church is stepping down due to her work and family commitments, so we are looking for a volunteer to join the PCC and take on this valuable role.

Do you think you have the interest and skills to take on this important job? Please contact the Churchwardens to find out more.

Janet Furber    Tel: 01270 526393    Email: lesjan@talktalk.net  
Mike Sant        Tel: 01270 762819    Email: mikesant@talktalk.net



## **St Peter's Community Hall, Minshull Vernon**

For hall bookings please contact Miriam:  
Email: mvchall@yahoo.com  
Tel: 07902 936490

### **Booking Secretary**

The Community Hall urgently needs a volunteer to act as Booking Secretary. Please contact Rev Paul North for further information – 01270 522213.

## **St Peter's Social Planners Committee**

We would be grateful for members to join a new Social Planners Committee to help with ideas and planning for fundraising events at St Peter's. Help in setting up and clearing away the hall after any event would also be appreciated. You would be most welcome to join. Please speak to Ellen or Ruth if you are interested in joining. Thank you.



## St Peter's Plough Service

Sunday 12th February, 7pm

Followed by Plough Supper in the Hall  
for which there will be a small charge.

Please bring your own drinks and glass



Loving God We pray for the farming community as they continue to work hard to bring us food. Bless them as they sow crops and care for livestock. Surround them with your love so they may know they are cared for and valued. Help us to be thankful for the food they produce and not to waste it.

### For Candlemas, 2nd February

Dear Lord,

Here we are in February – month of cold days, winter days, but days that promise hope and signs of Spring. Snowdrops and lengthening light; echoes of the hope and light that Jesus brought to Simeon and Anna all those years ago in the Temple.

Thank you, Lord, that you always bring light, you always bring hope and peace and joy when we put our trust in Jesus, our Saviour. Jesus, Lord of all our days and seasons. In His name we thank you, as we look to His Light.

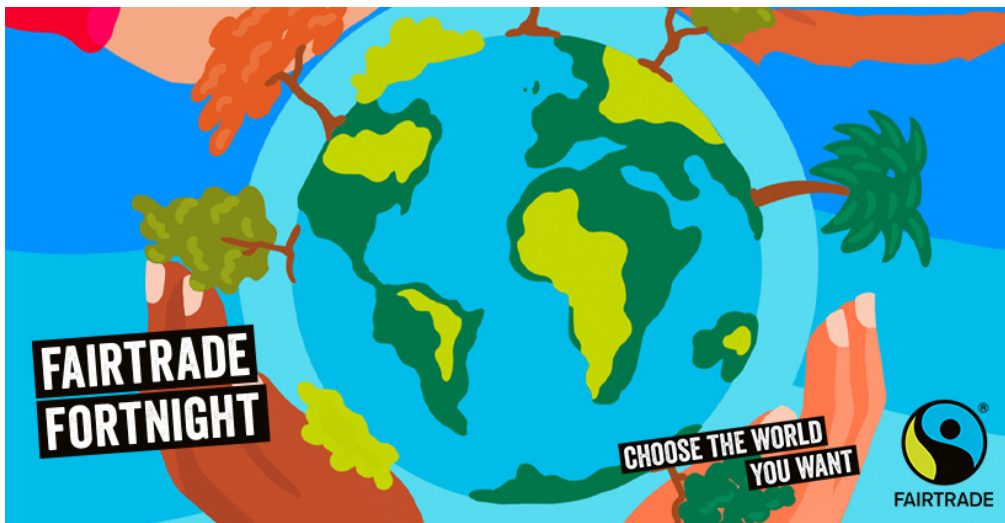
Amen.

*By Daphne Kitching*



If you don't receive a Valentine from a human being, enjoy this one from nature. Spring is nearly here.





## Fairtrade Fortnight 2023

This year Fairtrade Fortnight runs 27th February to 12th March. It comes with a sombre reminder: climate change means that soon some of our

favourite foods, such as bananas, cocoa and coffee could be harder to grow. And if that is combined with deeply unfair trade, then communities growing these crops will be pushed to the brink. This makes Fairtrade all the more vital – for all of us. You can help three ways during this Fortnight.

First, why not join an online *Big Fairtrade Get Together?* Hear Fairtrade farmers and other experts explain what needs to change, for a sustainable future. Secondly, *let your friends know* of any Fairtrade event in your area, from a coffee morning to a quiz night. Thirdly, buy Fairtrade whenever you can, from flowers to coffee, clothes to teas, plus lots else.

For more information, visit <https://www.fairtrade.org.uk>

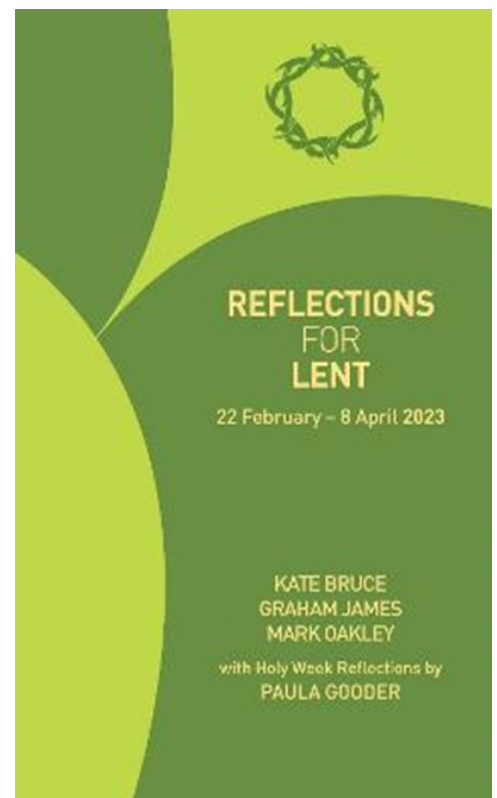
## Reflections for Lent 2023

By Kate Bruce, Mark Oakley and Graham James, CHPublishing, £4.99

*Reflections for Lent* are designed to enhance your spiritual journey through the forty days from Ash Wednesday to Holy Saturday.

Covering Monday to Saturday each week, it offers reflections on readings from the Common Worship Lectionary, written by some of today's leading spiritual and theological writers.

Each day includes: full lectionary details for Morning Prayer; a reflection on one of the Bible readings; a Collect for the day. This volume offers daily material for 22nd February to 8th April 2023. It is ideal for individuals and groups seeking Lectionary-based reflections for use during Lent and Holy Week, or for anyone wishing to try Reflections for Daily Prayer. It also features a simple form of morning and night prayer, a guide to keeping a good Lent and an introduction to lectio divina by Stephen Cottrell.



# The spirit of Christmas

I have a very organised daughter and son in law and when it comes to Christmas, they are all over it. They love the preparations and making it a very special time for their children who are 4 and 6 years old.

One of the first things is to write their Christmas letters to Santa and to post them to the North Pole. This also gives them an idea of what to buy for the children.

This Christmas the four year old boy had his heart set on one thing and one thing only, a dinosaur hot wheels garage. Easy thought the parents and immediately ordered it on behalf of Santa from a well known company who deliver cardboard boxes with smiles on them. Once the box had been delivered it was duly hidden at the back of the garden office where little people wouldn't see it. It would be built by daddy on Christmas Eve after the children were in bed and Santa had been.

The run up to Christmas went smoothly with school and nursery nativity plays, Carol services, visiting the lights in Chester Zoo and Dunham Massey, meeting Santa in his grotto, where he was reminded by said four year old boy that he wanted the dinosaur garage and was reassured that the elves were sorting it.

On Christmas Eve itself the family went walking in Delamere Forest where they saw more lights before going to the cathedral to sing carols at the Christmas tree exhibition. The perfect Christmas so far. Having left Santa and Rudolph some goodies both children went happily and excitedly to bed.

Once in bed the big garage build could begin. However once the brown smiley box was opened it was apparent that completely the wrong item had been sent. It didn't come close, had no dinosaur in sight and was just wrong. My daughter said she just froze, knowing how disappointed her little boy would be and how his belief in the magic of Christmas would be shattered, as they had nothing that could even compare to a dinosaur garage amongst the other gifts they had bought for him.

Then she decided to grasp at a straw and put it out to the universe via the Internet asking if anyone within a two and half hour drive from their home had a second hand one they'd be prepared to sell. A man from Oldham got in touch saying if you drive up here you can have ours, it's hardly been played with.

So Dad drove to Oldham whilst mum kept busy decorating the living room with snowy footprints, eating Santa's mince pie and generally busying

herself with preparations for the big day. She has told me she was worried the item might be dirty, broken or just a scam.

However all was going well in Oldham, the garage was perfect. Clean, in perfect working order and what's more didn't need building. My son in law was so happy. He told the man you've made our Christmas but his response was no, you've made mine I'm so happy to have been able to help.

He drove home triumphant with his load. It didn't need to be wrapped, just decorated with an enormous bow. He had made a 4 hour round trip but said it was so worth it to see the look on his little boys face early on Christmas morning.

When I was told all this, I said it sounds like a film script, like a part of love actually or something. That's the message I think, it was love actually, the love for that little boy that they would go to so much effort for him not to be sad and disappointed on Christmas morning. I'm so proud of them.

Hoping the rest of you had a happy and not so stressful Christmas. I know many in the choir have been unwell with either flu or covid but all seem to be on the mend now. Let's look forward to a happy healthy 2023.

Happy New Year everyone.

*Gilly*



Luke 6:38

"Give to others, and God will give to you. Indeed, you will receive a full measure, a generous helping, poured into your hands—all that you can hold. The measure you use for others is the one that God will use for you."

## **What the temptations mean for us**

Immediately after His baptism in the River Jordan, Jesus faced and resisted three powerful temptations during 40 days in the wilderness of Judea. This time of testing and temptation was His preparation for the work God had sent Him to do on earth. It's the principle behind the season of Lent, which begins on 22nd February. Although the temptations were personal to Jesus, many of us will recognise their relevance in our own lives.

The first was simple. 'You're hungry. You can do miracles. Well, turn these hot stones at Your feet into loaves of bread'. It sounds quite plausible, but in fact it's an invitation to put one's own needs first. Temptation rejected.

Then came the second: 'throw yourself off a pinnacle of the Temple. You know that God will send His angels to catch you before you hit the ground'. Again, it's plausible (there was even a verse from the Bible to back it up). But this would be to substitute one spectacular publicity stunt for the hard slog of travel, preaching, healing and touching individual lives. Temptation rejected.

The third was outrageous. 'Fall down and worship corrupt and evil power, and You will have infinite worldly power and success'. In other words, the divine Son of God should deny His Father and worship the devil, to glean success without going to the Cross. For the third time, temptation resisted.

I know these temptations were tests of the Messiah Jesus, but can't we see in them temptations that come to all of us from time to time? Look after number one, and all will be well. Take the short cut to success and avoid all the hard slog. Compromise your integrity, in order to fulfill your ambitions. Or choose the hard way: walk the narrow path of honesty, commitment, and truth. That's really the Lenten choice.

*by Canon David Winter*

## **In praise of plodders**

I've been pondering the words of the apostle Paul where he says, 'I press on towards the goal' (Philippians 3:14). It suggests to me taking one step at a time, and simply keeping moving in the right direction with discipline and determination.

This reminds me of the great Bible translator Willian Carey who said of himself, "If he gives me credit for being a plodder, he will describe me justly. Anything beyond that will be too much. I can plod. I can persevere in any definite pursuit. To this I owe everything."

Christian discipleship is not always exciting, glamorous, or even enjoyable. Sometimes it is a matter of quietly getting on with it, with our eyes fixed on Jesus.

## St Leonard's Calendar of Services / Rotas

Date	Times and services	Sides- persons	Altar Flowers & Brasses	Cleaning, once in the month
Sunday 5th February The 3rd Sunday before Lent	11.30am Morning Service	Mrs J Sant	Mrs C Whittaker	tba
Sunday 12th February The 2nd Sunday before Lent	11.30am Morning Prayer (BCP)	Mrs J Baxter	Mrs J Buckley	
Sunday 19th February The Sunday next before Lent	11.30am Family Communion	Mrs J Furber	Mrs J Buckley	
Wednesday 22nd February Ash Wednesday	7.00pm Joint Service at St Peter's Minshull Vernon			
Sunday 26th February The 1st Sunday of Lent	9.00am Holy Communion (BCP)	Mrs C Royston	No Flowers in Lent	



The hall is the perfect venue for anniversaries christenings and naming days, engagements and everything in between.

Reservations can be made via -  
[bookings@warminghamvillagehall.org](mailto:bookings@warminghamvillagehall.org)  
 or phone 01270 526111  
 or 07484 906104.

## St Peter's Calendar of Services

Date	Times and Services	Readings and Readers 10.45am	Readings and Readers 7pm
Sunday 5th February The 3rd Sunday before Lent	9.00am HC 10.45am HC 12.30pm Baptism No Evensong	1 Corinthians 2.1-12 <i>John Edge</i> Matthew 5.13-20	No Evensong
Sunday 12th February The 2nd Sunday before Lent	9.00am HC 12.30pm Baptism 7pm Plough Service	Romans 8.18-25 <i>Gilly Booth</i> Matthew 6.25-34	Deuteronomy 28.1-6, 8 <i>Ruth Edge</i> Luke 9. 57-62 <i>Stuart Moss</i> John 6.1-14 <i>John Edge</i>
Sunday 19th February The Sunday next before Lent	9.00am HC 10.45am HC No Evensong	2 Peter 1.16-21 <i>Chris Ward</i> Matthew 17.1-9	No Evensong
Wednesday 22nd February Ash Wednesday	7pm Joint Service at St Peter's		2 Corinthians 5.20b-6.10 John 8.1-11
Sunday 26th February The 1st Sunday of Lent	No 9am HC 10.45am HC 7pm Evensong	Romans 5.12-19 <i>Jane Dunseath</i> Matthew 4.1-11	Deuteronomy 6.4-9, 16-25 <i>Alison Bate</i> Luke 15.1-10 <i>Andrew Hollinshead</i>
Sunday 5th March The 2nd Sunday of Lent	9.00am HC 10.45am HC 12.30 & 1.30pm Baptisms No Evensong	Romans 4.1-5, 13-17 <i>Alan Culshaw</i> John 3.1-17	No Evensong

# St Peter's Rotas

Date	Sidespersons	Offertory	Cleaning	Altar Flowers
Sunday 5th February The 3rd Sunday before Lent	Patrick Smith	Alan & Margaret Culshaw	Phyllis Darlington and Dorothy Riley	Joan Christensen
Sunday 12th February The 2nd Sunday before Lent	John Edge  Sandra Parkes	Paul and Margaret Harvey	Audrey Bergin	Nicola Darlington
Sunday 19th February - The Sunday next before Lent	Patrick Smith	John Edge and Ann Hughes	Margaret Harvey and Valerie Simcock	Nicola Darlington
Sunday 26th February - The 1st Sunday of Lent	John Edge  Sandra Parkes	Philippa Goyer and Ann DeRuiter	John and Ruth Edge	No Flowers in Lent
Sunday 5th March The 2nd Sunday of Lent	Patrick Smith	Alan & Margaret Culshaw	Phyllis Darlington and Dorothy Riley	No Flowers in Lent



The first Snowdrops in the Churchyard.  
*Photo taken by Paul Harvey.*



**Plough Service**  
Followed by Supper in the Hall  
**Sunday 12th February**

Thank you so much for your wonderfully generous support for St Paul's Foodbank during 2022.

November and December 2022 were exceptionally busy months with both the number of people needing food parcels from us and food donations that came in.

...7.8 tonnes of food were distributed to 648 local people representing 261 households.

...an amazing 9.5 tonnes of food was donated over both months which has been one of the highest amounts of food we have received in recent years. Food donations tend to decline after Christmas, so we are very grateful to have some surplus stock for the coming months.

The total number of people who have received crisis food in 2022 was 2994 representing 1306 households. An average of 45% of the people we have supported were children. The total weight of food donated in 2022 was 36.6 tonnes and the total weight of food distributed was 36.4 tonnes.

**We are currently short of** Jam, UHT milk, cereal, rice, long life puddings/cakes, tins of corned beef, pork, fruit, meat meals (e.g. chilli con carne, stew), tea/coffee and vegetables so please bear in mind that those particular items do tend to run low throughout the year. We are currently *not* in great need of pasta or baked beans.

Thank you once again for your support. Every item really does make a difference!



## Introducing your community policing team for Leighton



PC 30073  
Louis Martin



PCSO 23132  
Matt Oliver

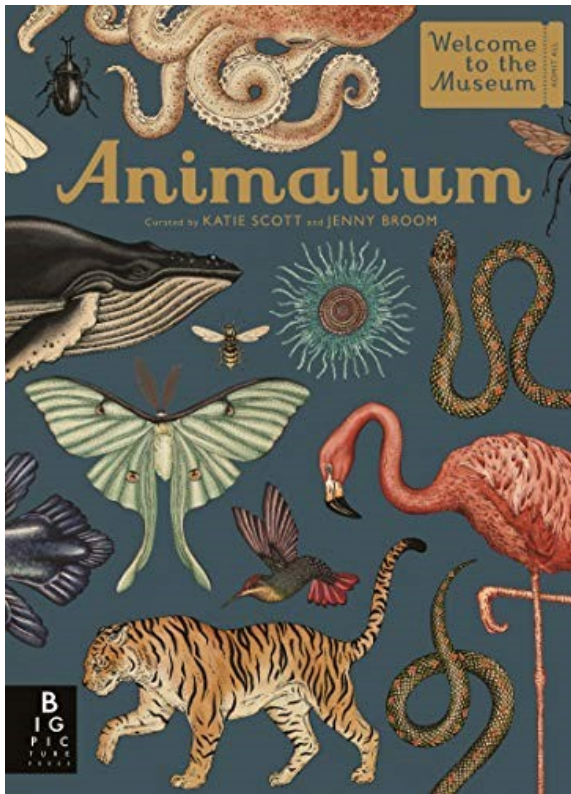


You will see us out and about in your area. Please come and talk to us at one of our regular surgeries at your **Police Community Base**.



# News from Warmingham CE Primary School

## What's happening in school this term?



Our study theme this term stems from the book 'Animalium'. As part of each classes study theme, the children will be learning about different animals depending on the overall theme of their study. Copies of each classes' study theme overviews can be found in the children's Home Learning Journals and on the class pages on the school website.

### Otters' Class

Otters have had a wonderful start back to school. We had our wonderful 'Wow starter' from Zoo2U. We learnt all about African land snails from the jungle. Tenrecs from Madagascar who are interestingly related to elephants not

hedgehogs as we had first thought. Then we met Boris, a bearded dragon from Australia whose beard turns black when he's scared. We also saw Herbert a horse field tortoise from Russia who has notches on his shells called scotts and learnt that they live for 50-60 years. Lastly, we met a northern striped skunk from North America who was very excited to meet us on his first school outing.

We have now begun to explore all about dinosaurs following a dinosaur who visited school and left us some eggs to look after. We will learn all about what a dinosaur was, some of their key features, their habitats and how they became extinct. We will learn about Mary Anning being the first person to find a dinosaur fossil and create our own dinosaur fossils. The children are all very excited to find out more about these amazing animals that roamed our world many years ago.

### Hedgehogs' Class

We began our new study theme being introduced to a whole host of mini-beasts, in a truly 'creepy crawly' show. We met Charlie the Hissing Cockroach; Millie the Giant African Millipede; Rosie the Chile Rose Tarantula; Fernando the Black Beauty Stick Insect and Priscilla the Flat Rock Scorpion. They were all very sociable. We even 'high fived' the tarantula and shook hands with the scorpion! We learnt that a scorpion is actually from the spider family. We later met some animals which like to eat the mini-beasts, like Leonardo de Gecko the Gecko, Hooter the Barn Owl

and Tina the Tenrec. Finally we met some animals even further up the food chain - some snakes. Inspired by this, we have already created our own habitats in the classroom for some more native creatures. We currently have a wormery and an ant farm to observe. We are now looking forward to learning lots more about mini-beasts and their micro-habitats.

### **Squirrels' Class**

This term in Squirrels, our focus is science. We will be learning all about animals including humans. We will learn about how animals including humans survive and how they stay healthy through diet and nutrition.

We will explore the human body and understand how the body works and moves. With our knowledge we will then design and make our own moving joint. We will focus our history on the history of Chester Zoo.

### **Badgers' Class**

This term Badgers' Class study theme is based on The Americas. Our study theme started with a visit to Chocolate Whirled. During our visit we will be learning about how the Mayans discovered chocolate before we find out about how chocolate is made. We will then design and make our own chocolate bars.

As Scientists, we will be exploring the life cycles of different animals in order to classify them by their characteristics. As well as investigating how animals and plants reproduce. We will also be investigating the circulatory system, the function of the heart, blood vessels and blood and how nutrients and water are transported around the body. Finally, we will examine how our health is affected by our diet, exercise, drugs and lifestyle.

As Designers, we will be learning how to control the movement of an automata animal with a cam mechanism. Before designing our models, we will look closely at how our chosen animals move and make some simple cam mechanism to gain an understanding of how different shapes can be used to produce different movements. We will use this research to inform our designs. Whilst making our models we will improve our cutting, shaping and joining techniques to combine different components whilst also selecting various tools and equipment to measure and cut wood and card accurately. Once we have completed our models, our peers will assess our model animals to help us improve our designs before we evaluate our final product.

As Geographers, we will initially be exploring the continent of North and South America, and the different countries that form them. We will then look at some of the contrasting regions of the Americas finding out more about the landscape, climate and locations of each. Throughout we will be

developing our map and atlas skills. We will also be learning about the ancient and natural wonders, which are located in the Americas. They will also be taking a closer look at the mysteries of tropical rainforests from the layers of the forest and the animals who inhabit the forest, to the unique climate found in the tropics. We will then explore some of the conservation issues surrounding the destruction of rainforest habitats including deforestation.

As Historians, we will be learning all about the Ancient Maya civilisation. We will learn who the Ancient Maya people were and where and when they lived. We will use maps and atlases to locate Maya cities and identify countries in Mesoamerica. We will also learn about the religious beliefs and rituals of the Ancient Maya people and find out more about some of the many gods they worshipped. We will also learn about the Maya number system and have the opportunity to read and write Maya numbers and solve number problems.

We will learn about the Maya writing system too and practise writing words using logograms and syllabograms in the hieroglyphic style of the ancient Maya people. As well as learning about the work of the explorers John Lloyd Stephens and Frederick Catherwood before analysing the historical pictures of the cities they discovered. We will also learn about the types of food eaten by the ancient Maya people, and we will find out about the significance of corn and chocolate, arguing which was most important in a class debate.

## **Being bored is good for you**

Being bored is a good thing – in fact, it can stimulate you to greater creativity. But keeping boredom at bay with endless scrolling on social media will ensure that your creativity is stifled.

So say researchers at Bath University. They warn that endlessly distracting yourself to avoid “superficial boredom” has the effect of preventing your mind from entering the deeper state of “profound boredom.” In this state of malaise, you are in “existential discomfort” which in turn can stimulate you on to develop new passions and skills.

As one researcher explained: “This research has given us a window to understand how the ‘always-on’, 24/7 culture and devices that promise an abundance of information and entertainment may be fixing our ‘superficial boredom,’ but are actually preventing us from finding more meaningful things.

“Profound boredom may sound like an overwhelmingly negative concept but, in fact, it can be intensely positive if people are given the chance for undistracted thinking and development.”

## Reflecting faith – what animals can remind us about our faith

There are various rather peculiar ‘creatures’ that are used in decorations in and on church buildings.

Around the outside of many larger churches and cathedrals you may well have found some downright scary beasts! They are usually used as downspouts off the roof or at the head of vast columns. Often, they were intended to scare away anything or anyone who was evil from entering the church building, and therefore kept all those on the inside safe.

When we go to worship – especially somewhere we haven’t been before – we want to be assured that what will be said during the service will be ‘of God’. We want to be able to relax and just be ourselves and secure in God’s presence. And that was the thinking behind those beasts.

There are, however, plenty more welcome creatures often found inside the building. Jesus is often spoken about as ‘The Lamb of God’. Indeed, we use that phrase within most Communion services during the Gloria as well as just before we go to receive the bread and wine: *‘Lamb of God, you take away the sin of the world, have mercy on us.’* So, we can see a lamb as representing innocence, purity, vulnerability and sacrifice itself.

*This month:* Have a look to see if there are any other ‘creatures’ on show in a church near you. What do they ‘say’?

## Sometimes it is wise to retreat

Lent is supposed to prepare us for Easter, but making time for spiritual reflection in our busy lives can be hard. One solution is to take a short retreat, at one of the many retreat houses or centres around the country.

It has been said that *“Retreats are for ordinary people at any time in their life. There are no expectations of you when you’re there and you don’t need to be a churchgoer.”* Just step back, relax in quiet and calm, and allow yourself some time to reflect and grow in your relationship with God.

Jesus Himself started the idea, when He invited his disciples to *“Come away by yourselves to a deserted place and rest a while”* (Mark 6: 31). His disciples needed to be alone with Him then, and they still need to be alone with Him today.

Retreat houses offer a warm welcome, and many are set in beautiful buildings with gardens. Most offer overnight accommodation and wholesome, home cooked food. Just visit: <https://www.retreats.org.uk>

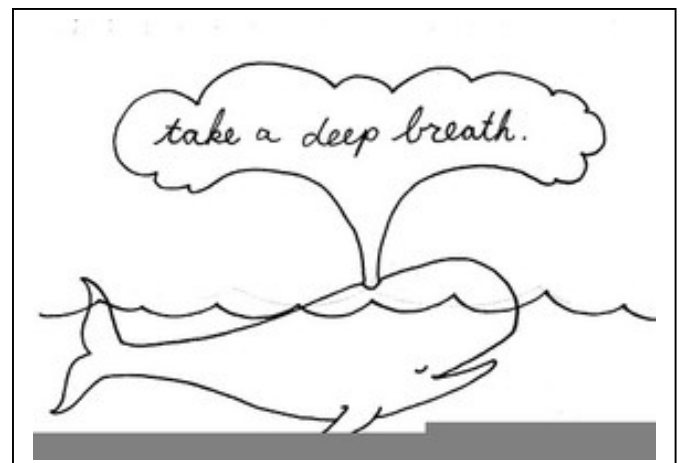
# St Peter's February Book of Remembrance

- 4th Frank John Joseph Thomas (1987), Mary Ellen Corsbie (1990), Junior Cargill Johnson (2020)
- 5th Frank Foster (1956), Vera Mary Riley (2007)
- 7th Stella Whiston (2002)
- 8th Elizabeth Alice Hobson (1984), Samuel Foster (1998)
- 9th Lilian Mary Riley (2012)
- 10th Margaret Lea Edge (2013)
- 11th Keith Betteley (2022)
- 12th Robert (Bob) Harding (2014), Claire Alison Gough (2019)
- 15th Richard Callwood (1997)
- 16th Doris Barbara Craven (1935), Anne Hulse (2004)
- 17th William Morrey (1917), Maggie Ollerhead (1995), Angela Glenys Jinks (2020)
- 18th Edith Wood (2006), Richard Hollinshead (2020)
- 19th Frances Isabel Mason (2004)
- 21st Agnes Doreen Gray (2010)
- 22nd Gladys Bostock (1993)
- 23rd Elizabeth Jane Pollard (1997), William Henry Birchall (2005)
- 24th William Hodgson Coates (Priest) (1894), Philip Curzon Powell (1995), Jayne Alison Evans (2010), Keith James Wood (2012)
- 26th Frank Thomas (1976), Harry Gallimore (2011), Elfriede Hedwig Peake (2015)
- 27th Violet Ollerhead (1969), Charles Newton (1880), Bessie Didsbury (1999), Thomas Craven (2014)
- 28th Mary Webster (1920), Roy Alfred de-la-Haye (2001), Kathleen Evans (2009)

## Breath deep

Now here's a trick that you probably haven't tried before: next time you forget something, try taking some deep breaths.

It seems that inhaling stimulates our brain, creating electrical activity where emotions, memory and smells are processed. In a recent American study, individuals were able to identify a face two seconds more quickly if they were breathing in through the nose, rather than breathing out.



The study was carried out at Northwestern University in Chicago, and it may also explain why we breath rapidly when afraid. “If you are in a panic state, you spend proportionally more time inhaling. Faster breathing could have a positive impact on brain function and result in faster response times.”

## Remembering Ukraine – one year on

24th February is the first anniversary of the war in Ukraine, which has seen nearly eight million people displaced and thousands killed. This winter is the worst in living memory for most Ukrainians, with medicine, food, water, and heating in short supply. If you would like to mark the first year by helping the people Ukraine, here are some charities from which you might choose:

The Disaster Emergencies Committee (DEC) is an umbrella group of UK charities.

<https://www.dec.org.uk/appeal/ukraine-humanitarian-appeal>

Christian Aid was founded in 1945 by British and Irish churches to help refugees after the Second World War. Sadly, with war back in Europe, it is now back at work on the Continent.

<https://www.christianaid.org.uk/appeals/emergencies/ukraine-humanitarian-appeal-2022>

Barnabas Fund distributes food through local churches to Christians in the poorer areas, both in Kyiv and in rural regions.

<https://www.barnabasfund.org/gb/latest-needs/help-ukrainian-christians-in-their-hour-of-need/>

Samaritans Purse has been airlifting medical supplies into the country, distributed more than 45 million kilos of food, and built water systems providing more than 30 million litres of water.

<https://www.samaritans-purse.org.uk/idr-crisis/crisis-in-ukraine/>



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# Warmingham Village News

## February Diary Dates

Wednesday 1st	W.I. Meeting	Village Hall	7.30pm
Tuesday 14th	Walk 'n Talk	Astbury	10.30am
Saturday 25th	Pancake Morning	Village Hall	10-12noon

## Warmingham & District W.I.

At the January meeting, the Rector, Rev Paul, paid a visit to join us in a social gathering. After a Quiz and a game of Bingo we enjoyed homemade soup followed by apple pie. The competition was "A Joke for January" and reading these provided further amusement.

The next meeting is on **Wednesday 1st February** when the speaker, Geoff Higginbottom, will take us on a Musical Journey.

The Craft Group meet once a month on a Friday afternoon at the Market Tavern in Sandbach.

The Book Group meet on the third Monday of the month.

The Darts Team enjoyed their match against Middle Wyches W.I. but lost 1 -3. They continue to meet at the Market Tavern on Monday lunchtimes.

We meet in the Village Hall on the first Wednesday in the month at 7.30pm. The March meeting will be on **Wednesday 1st March**.

Visitors are always welcome and for further information please contact Caroline on 01270 526022.

## Walk 'n Talk

The next walk is on **Tuesday 14th February** when we will have a walk at Astbury. Meet at Egerton Arms car park at Astbury at 10.30am.

For more information contact Cecilia on 01270 761054.



WARMINGHAM  
VILLAGE HALL

# Quiz Night

with

**Fish 'n' Chip Supper**

at

**Warmingham Village Hall**

on

**Monday 27th March 2023, 7.30pm**

**£10 Per Person (Inclusive of Supper) Adults only**

**Teams maximum of 8**

**Pairs/individuals welcome to make teams on the night**

**Please book by 20th March**

**Sarah - 07774 638831 / Robert – 07717 780020**

**Please bring your own drinks and glasses**

## **Warmingham Wakes: Saturday 13th May**

The annual Wakes event will be held on the church field on the afternoon of Saturday 13th May. The committee are looking for a Wakes Queen and attendants – further details and an application form can be found at the back of this magazine or on the church website.

The annual Duck Drive to support the Queen and retinue will be held on Friday 3rd March in the Village Hall.

Helpers are urgently needed, so if you can volunteer please contact Amanda 01270 526283 or Janet 01270 526393.

## **Books and Jigsaws**

We are collecting the above items for our stalls at Warmingham Wakes. If you have any items to donate would you please kindly contact Lesley & Adrian Crank - 01270 526226. Many thanks.

Items for Village News should be sent to [helan.isherwood@sky.com](mailto:helan.isherwood@sky.com)



# Warmingham Wakes

Application for Rose Queen,  
Attendant, Rose Bud, Crown Bearer and Bell Ringer

Would you like to enter the Warmingham Wakes as the Queen, one of her Attendants, Rose Buds, Crown Bearer or Bell Ringer? If so, please provide a brief summary of which role you would like and why. (*Parents can fill this in on behalf of their child*).

There is opportunity to attend other fetes during the summer calendar as Warmingham Wakes May Queen. If it still appeals to you, don't delay, apply today!

Age criteria of roles as follows...

Queen	(Age 11 – 16 years)
Attendants	(Age 7 – 10 years)
Rose Buds	(Age 4 – 6 years)
Crown Bearer / Bell Ringer	(Age 4 – 9 years)

... Good luck from the Wakes Committee.

**Role:** Please circle which one of the following roles you would like to do:

Queen	Attendant	Rose Bud
Crown Bearer	Bell Ringer	

Name: .....

Date of Birth: .....

Telephone number:.....

Address details:.....

.....

Please give a brief explanation on why you would like to carry out the above role:

.....

.....

.....

Please submit your application by **Friday 24th February** to:

Amanda Richardson, Keepers Cottage, Warmingham, Sandbach,  
Cheshire CW11 3QP - bird.richardson@gmail.com 01270 526283 or  
07771 782390.

# Grants

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# Bible Bite

A short story from the Bible

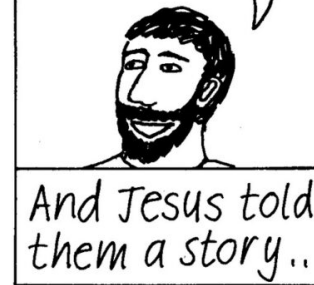
It can be read in the Bible in Matthew chapter 18 verses 21-35

Jewish teachers used to say you only had to forgive people three times before getting revenge, so Peter asked Jesus..

How many times do I have to forgive? Seven?



You must never stop forgiving.



A king decided to check his accounts



One servant owed him 50 million silver coins



Please give me more time to pay



Then the servant saw someone who owed him 100 silver coins



Please give me more time



and they told the king.



You bad man! I forgave you so much - why did you not forgive?



So he was put in prison



Jesus ended by saying...



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 soft fairs activities ballroom meetings dancing exercise classes  
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